

# WRESTLING



## AGE GROUP(S)

13 - 15 years of age (as of December 31, 2020)

Year of Birth: 2005 - 2007

## ZONE TEAM COMPOSITION

The maximum team size shall be:

20 athletes per Zone (# of females 8 # of males 12)

4 coaches or chaperones per Zone (# of females 2 # of males 2)

## FILL POLICY

A sport fill policy will be in effect whereby:

1. The first opportunity to fill in is provided to the Host Community.
2. The second opportunity is provided to the Host Zone.

If neither Host Community nor the Host Zone is able to provide the fills, the other Zones will be given the opportunity.

3. The first "fill" spot will be given to the Zone with the greatest number of participants in the Zone playoffs.
4. Each subsequent "fill" spot will follow as per the next highest number of participants in the Zone playoff.
5. If after the first round of fills there are still available spots, the Zone with the greatest number of participants in the playoff will start the process again filling a second "fill" spot from that Zone, and so on until all spots have been filled.

Fill athletes will receive Zone ID for the Zone to which they are assigned.

Fill athlete results count toward team points for Zone they are filling for as well as their individual points.

Fill athletes will stay in the Village accommodations with the Zone to which they are assigned.

Fills must be submitted for approval to the Alberta Sport Connection by **December 20, 2019**

## ELIGIBILITY

### *Athletes*

- All All athletes of the correct age and weight may participate.
- Athletes who have won a National Championship are ineligible.
- Athletes may compete in their Zone of residence or a Zone where they are a club member however, they must declare Zone of choice prior to playoffs.

For Alberta Games Eligibility Policy information please visit [www.albertawintergames.ca](http://www.albertawintergames.ca)

**Coaches**

- **Certification** - A minimum of one (1) member per Zone of the staff registered as coaches must be fully certified (theory, technical, and practical) under the National Coaching Certification Program to at least **Community Coach Trained**.
- All coaches and chaperones must be at least eighteen (18) years old by the start of the Alberta Games.

**AFFILIATION**

Affiliation with the AAWA is required at the Zone level by **January 10, 2020**. Affiliation fee is \$65.00 per athlete. For more information, visit: [www.albertaamateurwrestling.ca](http://www.albertaamateurwrestling.ca)

Apply to the AAWA at:

11759 Groat Road

Edmonton, AB T5M 3K6

Phone: (780) 415-0140

Benefits of affiliation include access to provincial programs and insurance.

**PROVINCIAL GAMES REGISTRATION FEE AND DEADLINE**

All Zone team athletes, who qualify to compete at the 2020 Alberta Winter Games (excluding coaches and chaperones), are required to pay an individual registration fee of **\$80.00**. This fee will help offset the costs related to transportation, accommodation, meals, Zone identification, medals, athlete entertainment and sport competitions. This fee must accompany the athlete's registration form for the Alberta Games.

Please note that the registration deadline for Wrestling is **December 20, 2019**.

**EVENT(S)**

- All males of the correct age may compete in the following weight categories: 34-37kg, 40kg, 43kg, 47kg, 51kg, 55kg, 60kg, 65kg, 70kg, 76kg, 83kg, 83+kg (95kg maximum).  
**There will be a one (1) kg weight allowance at the Games.**
- All females of the correct age may compete in the following weight categories: 39 – 42kg, 46kg, 51kg, 56kg, 60kg, 65kg, 72kg, 80kg  
**There will be a one (1) kg weight allowance at the Games.**
- Round Robin Dual Meet (2 pools)
- Matches will be 2 Rounds of 2 minutes, as per Wrestling Canada Lutte Cadet rules
- Fill athletes will contribute to Zone team medal standings
- Athlete weigh in will occur the evening before competition.
- Medical staff will be present at the weigh in to check each athlete and are obligated to eliminate any wrestler who has or appears to have any contagious skin disorder or any ailment that would prevent them from competing at a minimum safe level.

Competition governed by Wrestling Canada Lutte U17 rules.

Seeding will be done from the results of the 2018 Alberta Winter Games.

## PROTEST PROCEDURES

Mat side video review will be used in all matches. A foam brick shall be thrown onto the mat by the coach wishing to challenge a call. The call will be video reviewed following first break in action. If the call is overturned, the correct points are awarded, and the coach is returned the brick for potentially another protest. If the call is not overturned, the coach loses the brick and the other wrestler is awarded an additional point.

## ENTRY AND ZONE PLAYOFF PROCEDURES

The Zone Sport Representatives will decide team selection procedures for each Zone. To determine the date and location of Zone playoffs/selection please visit [www.albertaamateurwrestling.ca](http://www.albertaamateurwrestling.ca) or [www.albertawintergames.ca](http://www.albertawintergames.ca)

## PROVINCIAL SPORT COORDINATOR

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 Edmonton, Alberta T5M 3K6  
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 Website: [www.albertaamateurwrestling.ca](http://www.albertaamateurwrestling.ca)

## ZONE SPORT REPRESENTATIVES

Each of the eight (8) Zones has a designated Wrestling representative. The list of Wrestling – Zone Sport Representatives is shown below:

Zone 1	Alan Hansen	Phone: (403) 634-5706 Email: <a href="mailto:alan.hansen@telus.net">alan.hansen@telus.net</a>
Zone 2	April Hooper	Phone: (403) 835-6240 Email: <a href="mailto:aprilmarvic@gmail.com">aprilmarvic@gmail.com</a>
Zone 3	Craig Dubray	Phone: (639) 480 8899 Email: <a href="mailto:Zone3Wrestling@gmail.com">Zone3Wrestling@gmail.com</a>
Zone 4	Adam Laporte	Phone: 403 404 2765 Email: <a href="mailto:crankgym@icloud.com">crankgym@icloud.com</a>
Zone 5	Evelyn Li	Phone: (780) 918-9337 Email: <a href="mailto:strathconawrestling@gmail.com">strathconawrestling@gmail.com</a>
Zone 6	Jason Wass	Phone: (780) 719 1059 Email: <a href="mailto:jason.wass@epsb.ca">jason.wass@epsb.ca</a>
Zone 7	Jonathan Cole	Phone: (780) 719-3926 Email: <a href="mailto:johnny_cole123@hotmail.com">johnny_cole123@hotmail.com</a>
Zone 8	Adam Link	Phone: (780) 897 8825 Email: <a href="mailto:adam@silverttechcontracting.com">adam@silverttechcontracting.com</a>