

# TRIATHLON



## AGE GROUP(S)

12 - 15 years of age (Born in 2003 to 2006)  
All ages as of December 31, 2018

## ZONE TEAM COMPOSITION

The maximum team size shall be:

10 Athletes per zone

12-13 years of age (3 female & 3 male)

2 coaches per zone

14-15 years of age (2 female & 2 male)  
(1 male & 1 female)

## FILL POLICY

Athletes in Zones with lower participation will be filled with from other Zones by Qualification Standards below.

- If the ten Zone spots are not filled after Method 1 through 3, from the same Zone but of the different sex may fill the remaining spot(s) based on the placements of Method 1.
- If the Zone's ten spots are not filled after this step, from a different Zone of the same sex may fill the remaining spot(s) based on the placements of Method 2.
- If the Zone's ten spots are not filled after this step, from a different Zone of the different sex may fill the remaining spot(s) based on the placements of Method 2.
- If the Zone's ten spots are still not filled any who have participated in the 2017 Provincial and/or National Kids-of-Steel Championship may send in a special application to the ATA high performance committee.

Refer to Alberta Games athlete eligibility guidelines for details on Zones and eligibility.

## ELIGIBILITY

### *Athletes*

Alberta Triathlon Association membership is required on the date of the qualifying event to qualify for the Alberta Summer Games. Athletes must participate in one of the following qualification methods below. Athlete with the higher placement in the qualifying method have first right to join their Zone team.

- Method 1:** Placement in zone-designated 2018 race occurring prior to June 19, 2018.  
\*The ATA will provide a minimum of qualifying races prior to June 19, 2018 and Zones may elect to designate an out-of-Zone competition as its designated 2018 event
- Method 2:** Placement in the 2018 Provincial Kids-of-Steel Championship.
- Method 3:** Placement in one of the out-of-Zone designated 2018 races prior to June 19, 2018.
- Method 4:** Placement in 2017 Provincial Kids of Steel Championship races prior to June 19, 2018

### **Coaches**

**NCCP Certification** – Both members of the Zone coaching staff must be trained under **NCCP Community Coach in Triathlon** or equivalent.

All coaches and chaperones must be at least eighteen (18) years old by the start of the Alberta Games.

### **Officials**

Key positions (TD, Head Referee/Official) must be minimum qualification of Nationally Trained Official (NTO). Chief Swim/Chief Bike/Chief Run/Chief Transition need to be experienced Provincially Trained Official (PTO). Shadow officials will be able to fill spots as necessary. Every official will be required to complete Sterling Back-Check.

### **AFFILIATION**

Athlete must be an ATA member on the day of qualifier.

Refer to the Alberta Games Athlete eligibility guidelines for further details on Zones and eligibility.

### **ALBERTA GAMES – ATHLETE REGISTRATION FEE AND DEADLINE**

Note: A \$60.00 registration fee will be levied to all athletes qualifying to attend the 2018 Alberta Summer Games.

Triathlon Alberta will be responsible for collecting the registration fee and then providing one payment for all following the completion of the Alberta Games.

Please note that the registration deadline for Triathlon is **June 19, 2018**

### **EVENT(S)**

Note: the distances in this section are recommended distances. That actual event race distance may be shortened with the sanction of the Provincial Sport Coordinator or Triathlon Alberta. The actual events race distance cannot exceed the recommended distances by more than 10%.

#### **Saturday (am)**

Individual Females/Males 14-15 years of age (Swim 500m, Bike 10km, Run 4km)

\* in draft legal format (requiring all athletes to be draft certified)

Individual Females/Males 12-13 years of age (Swim 300m, Bike 10km, Run 3km)

\* in draft-illegal format

#### **Sunday (am)**

4x Co-Ed Zone Team Relay - Super Sprint Triathlon (14-15 years of age)

(2x male 14/15yo, 2x female 14/15yo)

(150m Swim, 5km Bike, 1km Run) – in draft-illegal format

3x Same Sex Zone Relay Team (12-13 years of age)

(3x male 12/13yo) AND (3x female 12/13yo)  
(150m Swim, 5km Bike, 1km Run) - in draft-illegal format

Only the results of official Zone team will be used to determine the ranks for the triathlon relay medal. Remaining Zone athletes not drawn to the Zone team may be put into a pool to be drawn into relay teams competing under the ATA flag. There is no limit to the number of ATA teams and the official ATA relay teams results are only used for future talent identification.

All events are governed by the Alberta Triathlon Association and Triathlon Canada Rules. Contact the ATA for race manual guidelines and rules, or check out [www.triathloncanada.com](http://www.triathloncanada.com) for copies of the rules.

### **PROTEST PROCEDURES**

Athlete protest must be made within fifteen (15) minutes of the results being posted. A jury of three (3) people will be selected before the race start, made up of the ATA Technical Delegate and two (2) other independent race officials to review the protest.

### **ENTRY AND ZONE PLAYOFF PROCEDURES**

**Note:** All Zone Playoffs must be completed prior to the Alberta Games Registration deadline of **June 19, 2018**.

Zone Qualifier races will involve participation in Kids of Steel events. Each zone will have ten (10) qualifying spots, with five (5) qualifying spots per gender (3 x 12-13yo spots and 2 x 14-15yo spots). Athletes must participate in their Zone-designated 2018 race, and compete in their own age group (may not qualify using results from an event of a different age group).

The first, second and third place male and female finishers in the 12-13 year-old age group, and the first and second place male and female finisher in the 14-15 year-old age groups must be an eligible ATA member prior to the race.

Roll downs will be done should a qualified athlete decline the position on the Zone team. Athletes of the opposite sex may fill the spot should the respective sex's roll down be exhausted and the two (2) or three (3) spots are not filled.

If a qualifying event for the Zone is not available prior to June 19, 2018 athletes of the Zone must qualify by one of the Methods outlined under "Eligibility".

Should one of the Zones with a qualifying race not fill the ten (10) qualifying spots, athletes may submit a special application to ATA as per Method 1, 2 and 3.

**EQUIPMENT SPECIFICATIONS**

All uniforms and equipment used on the field of play must abide by the Alberta Triathlon Association's uniform and commercialization policy.

Triathlon Canada equipment standards will be enforced, including but not limited to:

- No tri bars (aero bars) and no race wheels for any athletes.
- Athletes 12-13 years old must adhere to rules for clipless pedals ('mountain bike style' or shoes with recessed cleats are permitted; 'eggbeater' & 'lollipop' styles are illegal for 12-13 year olds; platform pedals are allowed for all ages)

**PROVINCIAL SPORT COORDINATOR**

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The Provincial Sport Coordinator indicated above has been appointed by Triathlon Alberta to serve as the primary contact and leader of the sport's participation in the Alberta Games. For questions about Triathlon in the Alberta Games, contact the Provincial Sport Coordinator, or visit [www.triathlon.ab.ca](http://www.triathlon.ab.ca)

