

TRIATHLON



AGE GROUP(S)

12 - 15 years of age (Born in 2005 to 2008)
All ages as of December 31, 2020

ZONE TEAM COMPOSITION

The maximum team size shall be:

8 Athletes per Zone

12-13 years of age (2 female & 2 male)

14-15 years of age (2 female & 2 male)

2 coaches per Zone

(1 male & 1 female)

FILL POLICY

Athletes in Zones with lower participation will be filled with from other Zones by Qualification Standards below.

- If the eight Zone spots are not filled after Method 1, the remaining spots will be filled with Method 2. Athletes from the same Zone but of the different sex may fill the remaining spot(s) based on the placements of Method 1.
- If the Zone's eight spots are not filled after this step, athletes from a different Zone of the same sex may fill the remaining spot(s) based on the placements of Method 2.
- If the Zone's eight spots are not filled after this step, athletes from a different Zone of the different sex may fill the remaining spot(s) based on the placements of Method 2.

Refer to Alberta Games athlete eligibility guidelines for details on Zones and eligibility.

ELIGIBILITY

Athletes

Triathlon Alberta membership is required on the date of the qualifying event to qualify for the Alberta Summer Games. Athletes must participate in one of the following qualification methods below. Athlete with the higher placement in the qualifying method have first right to join their Zone team.

Method 1: Placement in Zone-designated 2020 race occurring prior to June 14, 2020.
*Triathlon Alberta will provide a minimum of qualifying races prior to June 14, 2020 and Zones may elect to designate an out of Zone competition as its designated 2020 event

Method 2: Placement in the 2020 Provincial Kids-of-Steel Championship.

Coaches

NCCP Certification – Both members of the Zone coaching staff must be trained under **NCCP Community Coach in Triathlon** or equivalent.

All coaches and chaperones must be at least eighteen (18) years old by the start of the Alberta Games.

AFFILIATION

Athlete must be an ATA member on the day of qualifier.

Refer to the Alberta Games Athlete eligibility guidelines for further details on Zones and eligibility.

ALBERTA GAMES – ATHLETE REGISTRATION FEE AND DEADLINE

Note: An **\$80.00** registration fee will be levied to all athletes who qualify to attend the 2020 Alberta Summer Games.

Triathlon Alberta will be responsible for collecting the registration fee and then providing one payment for all following the completion of the Alberta Games.

Please note that the registration deadline for Triathlon is **June 14, 2020**

EVENT(S)

Note: the distances in this section are recommended distances. The actual event race distance may be shortened with the sanction of the Provincial Sport Coordinator or Triathlon Alberta. The actual events race distance cannot exceed the recommended distances by more than 10%

Saturday (am)

Individual Females/Males 14-15 years of age (Swim 500m, Bike 10km, Run 4km)

* in draft legal format (requiring all athletes to be draft certified)

Individual Females/Males 12-13 years of age (Swim 300m, Bike 10km, Run 3km)

* in draft-illegal format

Sunday (am)

4x Co-Ed Zone Team Relay - Super Sprint Triathlon

(1 male 14/15yo, 1 female 14/15yo, 1 male 12/13yo & 1 female 12/13yo)

(150m Swim, 5km Bike, 1km Run) - in draft-illegal format)

Only the results of official Zone teams will be used to determine the ranks for the triathlon relay medals. Remaining Zone athletes not drawn to the Zone team may be put into a pool to be drawn into relay teams competing under the Triathlon Alberta flag. There is no limit to the number of Triathlon Alberta teams. The official Triathlon Alberta relay team results will be used for future talent identification.

Event is governed by Triathlon Alberta and Triathlon Canada Rules.

Contact Triathlon Alberta for race manual guidelines and rules, or check out www.triathlon-canada.com for copies of the rules.

Contact the ATA for race manual guidelines and rules, or check out www.triathloncanada.com for copies of the rules.

PROTEST PROCEDURES

Athlete protest must occur within ten (10) minutes of the results being posted. A jury of three (3) people will be selected before the race start, made up of the Triathlon Alberta Technical Delegate, the Provincial Sport Coordinator and a race volunteer to review the protest.

ENTRY AND ZONE PLAYOFF PROCEDURES

Note: All Zone Playoffs must be completed prior to the Alberta Games Registration deadline of **June 14, 2020**.

Zone Qualifier races will involve participation in Kids of Steel events. Each Zone will have eight (8) qualifying spots, with four (4) qualifying spots per gender. Athletes must participate in their Zone-designated 2020 race, and compete in their own age group (may not qualify using results from an event of a different age group).

If a qualifying event for the Zone is not available prior to June 14, 2020 athletes of the Zone must qualify by one of the Methods outlined under “Eligibility”.

EQUIPMENT SPECIFICATIONS

All uniforms and equipment used on the field of play must abide by Triathlon Alberta’s uniform and commercialization policy.

Triathlon Canada equipment standards will be enforced, including but not limited to:

- No tri bars (aero bars) and no race wheels for any athletes.
- Athletes 12-13 years old must adhere to rules for clipless pedals (‘mountain bike style’ or shoes with recessed cleats are permitted; ‘eggbeater’ & ‘lollipop’ styles are illegal for 12-13 year olds; platform pedals are allowed for all ages)

PROVINCIAL SPORT COORDINATOR

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The Provincial Sport Coordinator indicated above is Triathlon Alberta’s primary contact and leader of the sport’s participation in the Alberta Games. For questions about Triathlon in the Alberta Games, contact the Provincial Sport Coordinator, or visit www.triathlonalberta.ca