



# Triathlon

## 2019 Alberta Masters Games



**First Leg of Race:** Swimming at Cedit Union and Co-op Aquatics Centre

**Middle Leg of Race:** Cycling Road Race on Hwy 11A and Hwy 11 - for exact map please see the Technical Package

**Last Leg of the Race:** Running on the Rocky Mountain House Bike Path - Turn Around Point will be well marked. See map in Technical Package

### **Saturday, August 24**

1:00 PM

Registration



Safety Meeting

4:00 PM

Practice Swim

### **Sunday, August 25**

6:00 AM

Doors Open

6:30 AM

Elite Swimmers Start



Swim

Cycle

Run

11:30 AM

Approximate Finish of Race

12:00 PM

Approximate Time of Medal Presentation

*Last Updated August 7, 2019*