



Trail Run

2019 Alberta Masters Games
Shuttle Parking at Thompson Pony Club
Trail Run at Crimson Lake Provincial Park



Saturday, August 24

8:45 AM	First shuttle scheduled to leave Thompson Pony Club
↓	
9:00 AM	Registration
↓	
9:45 AM	Para Trail Run Start
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10:30 AM	10k Trail Run Start
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12:00 PM	Approximate Time of Medal Ceremony
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1:15 PM	Last Shuttle scheduled to leave Crimson Lake Provincial Park

Last updated August 7, 2019