

SWIMMING



AGE GROUP(S)

Category 1: Swimmers born in 2003

Category 2: Swimmers born in 2004

Category 3: Swimmers born in 2005

Category 4: Swimmers born in 2006

Category 5: Para-swimming Classes S1-S14, or

Special Olympic swimmers born 1996 to 2006

ZONE TEAM COMPOSITION

The maximum team size shall be:

28 Athletes per zone (# of females 3 # of males 3) in each of Category 1, 2, 3, & 4
(# of females 2 # of males 2) Category 5

2 coaches per zone (1 male and 1 female coach)

4 chaperones per zone (2 males and 2 females)

2 addl. coaches per zone (1 males & 1 female) for a Zone with S14 or Special Olympic swimmer of that gender

FILL POLICY

There will be no fills in Category 1, 2, 3, or 4.

Category 5 swimmers who have not been selected will be ranked, by gender, regardless of Zone, using the Swimming Canada Para Swimmer charts. The total of the swimmers top three pointed swims will be used to determine rank.

Special Olympic will be ranked using the S14 (cognitive disability) chart.

ELIGIBILITY

Athletes

- Athletes who qualify for the Canadian Junior Championships prior to June 19, 2018, are ineligible for the Alberta Summer Games.
- All athletes are eligible as per the Age group category and affiliation requirements.
- Athletes may compete for the Zone of their primary residence, or the Zone of their primary training facility. Participants must select their Zone on the Alberta Summer Games registration website prior to attending the Zone trials.
- All athletes must be registered with Swim Alberta, the Alberta Summer Swimming Association (ASSA) or an individual that is not registered with any of the aforementioned groups that are selected by their zone and meet the affiliation guidelines (see Affiliation below) of the Swimming technical package. Para swimmers must have completed provincial level classifications by their Zone trials in order to be considered for selection to the Alberta Summer Games.
- Athletes who have attended the Canada Summer Games are not eligible for the Alberta Summer Games.

For Alberta Games Eligibility Policy information please visit
www.albertasummergames.ca

Coaches

- **NCCP Certification** - Each Zone Head Coach must be National Coaching Certification Program Certified - **Level 1: Fundamentals Coach - Swimming** and be a minimum of twenty (20) years of age by the start of the Alberta Summer Games. The Assistant Coach of each zone must have In-Training status for NCCP Community Sport Coach – Swimming, and be a minimum of eighteen (18) years of age by the start of the Alberta Summer Games. Any Zone team having a coach that does not meet these requirements must submit a letter requesting an exemption. Exemptions are a one- time only opportunity for the individual coach; exemptions will not be granted for Assistant Coaches. A coach who has been granted an exemption is ineligible to attend future Alberta Summer Games as a coach for the sport of Swimming until the minimum certification guidelines are met.
- Each zone must select one (1) male and one (1) female coach to their staff. One (1) additional coach will be added to the Zone staff for every S14 or Special Olympics swimmer of each gender.
- All coaches must be a member of Swimming Canada (SNC) the Alberta Coaches Council (ACC) and the Canadian Swim Coaches and Teachers Association (CSC-TA).

Chaperones

- Four (4) chaperones (two (2) male and two (2) female) are required per zone. These persons are separate personnel from the coaching staff. Selections require one (1) chaperone of the same gender to be selected as support staff for the swimmers with an intellectual disability. The remaining staffing positions shall be named by the Zone sport representative.
- Chaperones must be a minimum of twenty (20) years of age by the start of the Alberta Summer Games.

Note: All coaches and chaperones must have completed a criminal record check prior to the start of the Alberta Summer Games. The cost is to be absorbed by the Zone.

AFFILIATION

All swimmers must be registered with Swim Alberta, either as a member of a Swim Alberta year-round program, or the Alberta Summer Swimming Association. For swimmers who are not a member of either of these groups, they may purchase an affiliation membership with Swim Alberta for \$25.00

This fee will allow the swimmer to participate in the Alberta Summer Games and the zone trials. For further information, please contact the Swim Alberta office at (780) 415-1780 (b) or check out www.swimalberta.ca.

Special Olympics swimmers must register with Swim Alberta through Special Olympics Alberta.

ALBERTA GAMES – ATHLETE REGISTRATION FEE AND DEADLINE

All zone team athletes who qualify to compete at the 2018 Alberta Summer Games, are required to pay an individual registration fee of **\$85.00 (Alberta Games fee of \$60 and Swim Alberta fee of \$25)**. This fee will offset the costs related to transportation, accommodation, meals, zone identification, medals, athlete entertainment and sport competitions. This fee must accompany the athlete's registration form for the Alberta Games.

Swimming participants will also receive a swimming zone racing cap and t-shirt.

The Zone Sport Representative must send completed athlete, coach and chaperone registration forms, entries and fees to the Provincial Sport Coordinator by **June 15, 2018**.

EVENT ORDER

Competition governed by Swimming/Natation Canada Rules.

Friday July 2 Practice 7:30am - 9:00am Zone 1-4			
Practice 9:00am - 10:30am Zone 5-8			
Session 1		Session 2	
Friday July 20, 2018		Saturday July 21, 2018	
Warm-up 12:00pm/Start 1:00pm		Warm-up 7:15am/Start 8:15am	
100 Free	Category 1—5	200 Fly	Category 1—4
200 IM	Category 1—4	100 Back	Category 1—5
100 Fly	Category 1—4	50 Breast	Category 1—5
50 Back	Category 1—5	400 Free	Category 1—4
Male 800 Free	Category 1—4		
4 x 50 Free Relay	Category 1&2, 3&4, 5		
Session 3		Session 4	
Saturday July 21, 2018		Sunday July 22, 2018	
Warm-up 1:30pm/Start 2:30pm		Warm-up 7:15am/Start 8:15am	
200 Free	Category 1—4	200 Back	Category 1—4
100 Breast	Category 1—5	50 Free	Category 1—5
400 IM	Category 1—4	200 Breast	Category 1—4
50 Fly	Category 1—5	100 IM	Category 1—4
		Female 800 Free	Category 1—4
		4 x 50 Medley Relay	Category 1&2, 3&4, 5
*150 IM to follow the 200 IM for SWAD classes SM1-SM4 if applicable.			

Format

- All individual and relay events will be swum as timed finals.
- The fastest six (6) seeded swimmers in individual events will swim within their

category (Category 1, 2, 3, 4 or 5). Additional entries will be senior seeded with results being split out for awards; senior seeded entries will swim first.

- The fastest six (6) seeded relays will swim within their category (Category 1&2 or 3&4). Additional relays will be senior seeded with results being split out for awards; senior seeded relays will swim first.
- Competition scoring will be based on the Alberta Games - Medal Points system of three points per gold medal, two points per silver medal and one point per bronze medal. Swim Alberta will award each participant of the winning Zone team a commemorative pennant.

Entries: Category 1—4

Zone teams can enter a maximum of two (2) swimmers in event distances of 50 or 100 meters. Each Zone may enter a maximum of one (1) swimmer in event distances of 200 meters or more.

Zone teams can enter a maximum of one (1) relay per event. Each individual competitor must enter a minimum of four (4) individual events to a maximum of six (6) individual events. Each competitor must be entered in a minimum of one (1) relay to a maximum of two (2) relays, one (1) freestyle and one (1) medley.

All entries to the Alberta Summer Games must be submitted with times on the official entry grid, including relays (relay times may be calculated by adding the four (4) individual 50m times and subtracting 1.5 seconds).

Entries: Category 5

Each individual competitor may enter a minimum of two (2) individual events to a maximum of six (6) individual events and two (2) relays. The Category 5 relay will be run as mixed gender by Zone.

PROTEST PROCEDURES

As per Swimming Canada rules.

ENTRY AND ZONE PLAYOFF PROCEDURES

Consult the Provincial Sport Coordinator to determine the date and location of Zone playoffs or visit www.swimalberta.ca or www.albertasummertimegames.ca

PROVINCIAL SPORT COORDINATOR

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Email: lindsay@swimalberta.ca
Website: www.swimalberta.ca

ZONE SPORT REPRESENTATIVE

Each of the eight (8) zones has a designated Swim Alberta - Zone representative. The list of Swimming Zone Representatives is shown below:

ZONE	NAME	CONTACT
ZONE 1	Laura Neilson	Phone: 403-493-4258 Email: laura@riptides.ca
ZONE 2	Laura Neilson	Phone: 403-493-4258 Email: laura@riptides.ca
ZONE 3	Laura Neilson	Phone: 403-493-4258 Email: laura@riptides.ca
ZONE 4	Amanda Holford	Phone: 403-358-4438 Email: rdmarlinspresident@gmail.com
ZONE 5	Murray Baldwin	Phone: 780-860-8924 Email: m.baldwin@shaw.ca
ZONE 6	TBA	Phone: 780-860-8924 Email: m.baldwin@shaw.ca
ZONE 7	Lynette Thoresen	Phone: 780-502-1248 Email: sl_thor@telus.net
ZONE 8	Janice Luken	Phone: 780-835-3165 Email: njluken6@gmail.com

