



ALBERTA MASTERS GAMES SPORT INFORMATION (2019)



Indigenous Games

Age/Categories: Flour Bag Strength Competition

30-54, 55+ Male Divisions

30-54, 55+ Female Divisions

Leg Wrestling

Ages 30-54, 55+ Male Divisions (3 Weight Classes)

Ages 30-54, 55+ Female Divisions (3 Weight Classes)

Tomahawk Throwing

Ages 30-54, 55+ Male Divisions

Ages 30-54, 55+ Female Divisions

Tug of War

Ages 30-54, 55+ Male Divisions

Ages 30-54, 55+ Female Divisions

Length of Competition: 2 days

