



Indigenous Games

2019 Alberta Masters Games

Curtis Football Field



All Participants for each event need to be at Curtis Football Field for check in. Rules and format will be reviewed, any questions or concerns can be addressed at this time.

Friday, August 23

Tomahawk Competition

Female Division – 30 – 54

10:00 AM	Warm up / Practice
10:30 AM	Start
12:00 PM	Finish

Male Division – 30 -54

12:00 PM	Warm up / Practice
12:30 PM	Start
3:30 PM	Finish
4:00 PM	Medal Presentation

Please note: Tomahawk target range will be available Thursday afternoon from 1 pm – 4 pm for practice for all competitors.

Saturday, August 24

Tug of War

Female Division - 30 – 54 Round - Robin Format

*1 pull each round

Female Division – 30 – 54

10:00 AM	Warm up / Practice
10:30 AM	Start
12:00 PM	Finish

Male Division – 30 - 54

12:00 PM	Warm up / Practice
12:30 PM	Start
3:30 PM	Finish
4:00 PM	Medal Presentation

Sunday, August 25

Flour Bag Competition

Female Division - 30 – 54 Round - Robin Format

*Timed Event

Female Division – 30 – 54

10:00 AM	Warm up / Practice
10:30 AM	Start
12:00 PM	Finish

Male Division – 30 - 54

12:00 PM	Warm up / Practice
12:30 PM	Start
3:30 PM	Finish
4:00 PM	Medal Presentation

Sunday, August 25

Leg Wrestling

Round Robin Format – Best of 3 Male Division

10:00 AM	Warm up
10:30 AM	Start
12:00 PM	Finish

Round Robin Format – Best of 3 Female Division

12:30 PM	Warm up
1:00 PM	Start
3:30 PM	Finish
4:00 PM	Medal Presentation