



**ALBERTA
GAMES**



Swimming Schedule

Millenium Place

DRAFT November 2025

Friday July 17 - Session 1	
Practice All Zones	
Zone 1-4 - 9:00am - 10:00am	
Zone 5-8 - 10:00am - 11:00am	
1:15pm	Athlete Arrival
1:30pm - 2:15pm	Warm-up
2:15pm	Preliminaries - 100 Freestyle / 50 Butterfly
3:30pm (apprx)	Break (15-20 min)
3:45 PM	100m Freestyle Finals
4:00 PM	100m Freestyle Medal Presentations
4:10 PM	50m Butterfly Finals
4:15 PM	50m Butterfly Medal Presentations
4:25 PM	4 x 50 Freestyle (Male and Female) Finals
4:40 PM	4 x 50 Freestyle (Male and Female) Medal Presentations
Saturday July 18 - Session 2	
8:15am	Athlete Arrival
8:30am - 9:15am	Warm-up
9:15am	Preliminaries - 100 Back / 50 Breast
10:30am (apprx)	Break (15-20 min)
10:45	100m Back Finals
11:00	100m Back Medal Presentations
11:10	50m Breast Finals
11:20	50m Breast Medal Presentations
11:30	4 x 50 Freestyle Mixed Finals
11:45	4 x 50 Freestyle Mixed Medal Presentations
Saturday July 18 - Session 3	
1:15pm	Athlete Arrival
1:30pm - 2:15pm	Warm-up
2:15pm	Preliminaries - 100 Breast / 50 Back
3:30pm (approx)	Break (15-20 min)
3:45 PM	100m Breast Finals
4:00 PM	100m Breast Medal Presentations
4:10 PM	50m Back Finals
4:15 PM	50m Back Medal Presentations
4:25 PM	4 X 50 Medley Mix Finals

4:40 PM	4 X 50 Medley Mix Medal Presentations
Sunday July 19 - Session 4	
8:15am	Athlete Arrival
8:30am - 9:15am	Warm-up
9:15am	Preliminaries - 100 IM / 50 Free
10:30am (apprx)	Break (15-20 min)
10:45	100 IM Finals
11:00	100 IM Medal Presentations
11:10	50m Free Finals
11:20	50m Free Medal Presentations
11:30	4 x 50 Medley (M/F) Finals
11:45	4 x 50 Medley (M/F) Medal Presentations

Last Updated:

25-Nov-25

Schedule Subject to Change