

CANOE-KAYAK



AGE GROUP(S)

- Pre-Cadet: 11 - 12 years of age
(Born between January 1, 2011 & July 22, 2012)
- Cadet 13-14 years of age
(Born between January 1 2009 & December 31, 2010)
- Junior: 15 - 17 years of age
(Born between July 24, 2005 & December 31, 2008)

Athletes cannot be ten (10) years of age or younger, or eighteen (18) years of age or older at the Games.

ZONE TEAM COMPOSITION

The maximum team size shall be:

- | | | |
|----------------------------------|-----------------|---------------|
| 8 athletes per Zone | (#of females 4 | # of males 4) |
| 2 coaches or chaperones per Zone | (# of females 1 | # of males 1) |

Each Zone has the discretion on the age composition of their team.

FILL POLICY

If a Zone does not have enough athletes for each age/gender category, the Zone is permitted to send more athletes in another age/gender category to the team maximum of eight (8) athletes. Achieving a gender balance of four (4) males and four (4) females is preferred.

In the event that a Zone does not have athletes to fill the roster, athletes from another Zone may “fill” the vacancies in the roster. Fill athletes will be selected in order by the Provincial Sport Coordinator using the province-wide, time trials’ ranking system to select the next best athletes. Age/gender requirements will be filled first for the Fill Zone from the ranking system before opening the Fill Zone team to other age/gender fill athletes.

Fill athletes will compete for the Zone in which they reside for the individual events of slalom and slalom cross. In the Canoe Polo event, Fill athletes will compete for the Fill Zone and cannot compete for their Home Zone during the tournament.

Fills must be submitted for approval to the Multisport Games Unit by **June 20, 2023**

ELIGIBILITY

Athletes

- Eligible participants are anyone between the ages of 11 and 17 who qualifies at Zone trials.
- An athlete may represent and compete for the Zone in which they reside or for the Zone of their affiliated club membership upon the approval of the Alberta Whitewater Association.
- Eligible athletes from just outside the provincial boundary, who are members of the AWA may be able to compete in the nearest Alberta Games Zone playoffs if they have no provincial events in their province/territory.
- Canadian National Team athletes that have competed in an International event representing Canada in Slalom, Slalom Cross, Freestyle or Canoe Polo are ineligible to participate in the Alberta Summer Games.

For Alberta Games Eligibility Policy information please visit www.albertasummernames.ca

Coaches

- **NCCP Certification**—A minimum of one (1) staff member per Zone registered as coaches must be certified under the National Coaching Certification Program to at least **Kayak Lake Instructor 1 or Canoe/Kayak Intro Coach, or Canoe Kids Coach.**
- Coaches and chaperones must have [Safe Sport Screening](#) completed.
- Coaches and chaperones must be at least eighteen (18) years old by the start of the Alberta Games.

AFFILIATION

All athletes and coaches participating in the Alberta Summer Games must be members of the Alberta Whitewater Association (AWA) prior to participation in Zone Trials. Membership includes liability insurance and access to athlete support. Deadlines for membership within the AWA will be prior to the commencement of participation in an AWA event such as Zone trials.

For membership information, contact the Alberta Whitewater Association at admin@albertawhitewater.ca, or check out www.albertawhitewater.ca

ALBERTA GAMES –ATHLETE REGISTRATION FEE AND DEADLINE

All Zone team athletes, who qualify to compete at the 2023 Alberta Summer Games, are required to pay an individual registration fee of **\$140.00** payable to Alberta Whitewater (\$80 to Alberta Games; \$60 to Alberta Whitewater). This fee will go towards offsetting the costs related to transportation, accommodation, meals, Zone identification, medals, athlete entertainment, coaching, team uniforms and sport competitions. This fee must accompany the athlete's registration form for the Alberta Games. Athletes will be refunded if they're unable to attend the Alberta Summer Games due to medical reasons.

Please note that the registration deadline for Canoe - Kayak is **June 18, 2023.**

EVENTS**Slalom**

Slalom: (15-18 gates on Flat-water or Grade I to II river)	Pre-Cadets (Age 11-12)	Cadets (Age 13-14)	Juniors (Age 15-17)
Individual Categories	Girls K-1W	Girls K-1W	Girls K-1W
	Boys K-1M	Boys K-1M	Boys K-1M
	Girls C-1W	Girls C-1W	Girls C-1W
	Boys C-1M	Boys C-1M	Boys C-1M
Team Category **	Team Race	Team Race	Team Race

Slalom shall be governed by the rules of the International Canoe Federation (ICF) with the exceptions of rules pertaining to age and boat dimensions for Cadets and Pre-Cadets. The best of two (2) runs will be used.

Athletes may compete in all Slalom event classes in which they are eligible.

**Each person is eligible to compete in one team race.

**For the three (3) boat team race, the team can be made up of any mix of gender, age group or any class (K1, K1W, C1, or C1W).

**Mixed age teams must race in the age group of the oldest team member.

Canoe Polo

Canoe Polo shall be governed by the rules of the International Canoe Federation (ICF) with the exceptions of rules pertaining to team size, team composition, tournament format, time of games and AWA/ACPA code of fair play to accommodate the Alberta Summer Games format.

One (1) team per Zone of up to 8 Zone athletes. Zone teams may only have two (2) Junior boys on the canoe polo pitch at any time. The other three (3) spares can be any age or gender, but when one Junior boy is subbed on, a Junior boy must sub off to maintain only two (2) Junior boys on the pitch.

The Alberta Summer Games Canoe Polo format will be a round robin tournament among all Zones with a final medal playoff round. Games will be eight (8) minutes in length.

- Junior-sized canoe polo ball will be used for all competition.
- Hand tackling is not allowed.
- Rough play will not be tolerated among unequally sized or skilled players.

Extreme Slalom

Extreme Slalom shall be governed by the rules of the International Canoe Federation (ICF) Extreme Slalom with the exceptions of rules pertaining to age.

A qualification run will be used to seed for Extreme Slalom.

Slalom Cross: Head-to-head, 2-4 people per heat depending on brackets (1-2 minute course 500m - 1 km on Flatwater or Grade I II River)	Pre-Cadets (Age 11-12)	Cadets (Age 13-14)	Juniors (Age 15-17)
Individual Categories	Girls K-1W	Girls K-1W	Girls K-1W
	Boys K-1W	Boys K-1W	Boys K-1W

PROTEST PROCEDURES

After the posting of results for Slalom and Downriver events, Zone coaches will have thirty (30) minutes to lodge an inquiry into times and penalties with the chief judge. The chief judge will decide whether there is enough information for the athlete to win a protest or leave the time standing.

For the Canoe Polo event the field judge has full control of the match.

EQUIPMENT SPECIFICATIONS

- All athletes shall wear approved helmets and PFD's when on the water.
- Slalom athletes shall use ICF regulation 3.5 m minimum composite boat (14+) approved plastic slalom boat. U14 (cadets/pre-cadets) can use non-ICF boats that have minimum safety components (grab loops).
- Extreme Slalom athletes should use an ICF regulation creek/river running plastic kayak under 9ft.
- Canoe Polo shall be played in approved padded boats, caged helmets and approved paddles and PFD's. The AWA and Alberta Canoe Polo along with supporting clubs will provide a selection of shared equipment necessary for canoe polo for all Zones

ENTRY AND ZONE PLAYOFF PROCEDURES

Zone trials will be held using a standardized provincial time trial format combining skill sets of slalom boat maneuvers and canoe polo ball handling in local 25 meter - 6 lane pools or flatwater ponds. Zone trials will begin in January 2023 and athletes can repeat the time trial skill set multiple times until the registration deadline. Athlete times will be posted on the AWA website for athletes and coaches to compare results and provide an opportunity to improve their standing.

Each Zone has the discretion on the age composition of their team.

Athletes can participate in either K-1 or C-1 boats and will be evaluated against all other Zone athletes based upon time and penalties to pick a balanced team of Pre-Cadets, Cadets and Juniors, Males and Females.

All Zone trials will be completed by **June 18, 2023**.

Consult the Provincial Sport Coordinator to determine the date and location of Zone playoffs.

To determine the date and location of the Zone playoffs/selection please visit <https://www.albertawhitewater.ca/2023-asg-time-trials-info> or www.albertasummertimegames.ca

For technical or financial assistance to organize and run a time trial event in your community, go to: <https://www.albertawhitewater.ca/2023-asg-time-trials-info>

PROVINCIAL SPORT COORDINATOR

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 Alberta Whitewater Association
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 Calgary, AB T4B 5M1
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 Email: admin@albertawhitewater.ca
 Website: www.albertawhitewater.ca

ZONE SPORT REPRESENTATIVE

Each of the eight (8) Zones has a designated Alberta Whitewater Association - Zone representative. The list of Canoe-Kayak Zone Representatives is shown below:

ZONE	NAME	CONTACT
ZONE 1	Shandy Poulin	Phone: 403-700-9209 Email: sbear2021@gmail.com
ZONE 2	Robbie Mcavoy	Phone: 587-585-8711 Email: robbiemcavoy@gmail.com
ZONE 3	Mark Taylor	Phone: 403-542-3111 Email: mark@rockymountainpaddling.com
ZONE 4	Angie Schroderus	Phone: 403-845-9689 Email: abschrod@gmail.com

ZONE 5	Zak Mahmoudi	Phone: Email: canoekayakheadcoach@gmail.com
ZONE 6	Brad Stone	Phone: 780-995-8443 Email: paddlestone2391@gmail.com
ZONE 7	Mike Holroyd	Phone: 403-479-8017 Email: admin@albertawhitewater.ca
ZONE 8	Jim Myers	Phone: 780-933-8666 Email: jim@wapitikayakers.ca



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