BMX (Cycling)

AGE GROUP(S)
Female & Male: 12 - 15 years of age
(Born between Jan 1, 2008 to Dec 31, 2011)
Age as of December 31, 2023

ZONE TEAM COMPOSITION
The maximum team size shall be:

12 athletes per Zone	(# of females 4	# of males 8)
	(1 Female: 12 years)	(2 Males: 12 years)
	(1 Female: 13 years)	(2 Males: 13 years)
	(1 Female: 14 years)	(2 Males: 14 years)
	(1 Female: 15 years)	(2 Males: 15 years)
2 coaches or manager/chaperones per Zone	(# of females 1	# of males 1)

FILL POLICY
The sport fill policy will allow vacant positions to be filled based on number of riders per Zone in each age/gender category. If a fill is required for any Zone, the Zone with the highest number of participants in the age/gender category in question will be given the first opportunity to fill. If this Zone is not able to fill the position(s), then the opportunity will be given to the Zone with the next highest participation in the stated age/gender category. Example: If Zone A does not have a [1]2 year-old male, the Zone with the highest number of 12 year-old male Zone qualifier participants will be given first opportunity to fill that spot.

Fills must be submitted for approval to the Provincial Sport Coordinator by **June 20, 2023**.

ELIGIBILITY
Athletes
- National team members are not eligible to compete at the Alberta Summer Games.
- Riders in BMX will represent their home-based track.
- Riders must have raced in a zone qualifier race
  For Alberta Games Eligibility Policy information please visit www.albertasummergames.ca

Coaches
- **NCCP Certification** - A minimum of one (1) staff member per Zone registered as a coach will be required to have completed Intro to Competition: BMX Skills and Tactics in addition to achieving a **Trained** status in Community Initiation.
- **Course Requirements:**
  - "Cycling Foundations"
  - "Basic Cycling Skills"
  - "NCCP Emergency Action Plan"
  - "NCCP Make Ethical Decisions"
  - "Practice Planning"
- **Screening** - Coaches must adhere to the Volunteer Screening Policy and follow all safe sport policies. Record checks must been submitted to the ABA
- All coaches and chaperones must be at least eighteen (18) years old by the start of the Alberta Games.

AFFILIATION

A tryout fee may be charged for riders who do not hold a current Cycling Canada license. All cyclists at the Alberta Summer Games must have obtained a Cycling Canada racing license through the Alberta Bicycle Association (ABA). Contact the ABA at (780) 427-6352, or check out www.albertabicycle.ab.ca for licensing information and membership details.

A special $30 racing license is available for Alberta games and may be applied to a Junior UCI racing license at the completion of the Games.

Coaches are required to have a license with their NCCP number noted from the ABA prior to attending the Alberta Summer Games

ALBERTA GAMES – ATHLETE REGISTRATION FEE AND DEADLINE

All Zone team athletes, who qualify to compete at the 2023 Alberta Summer Games (excluding coaches and chaperones), are required to pay an individual registration fee of $80.00. This fee will offset the costs related to Games transportation, accommodation, meals, Zone identification, medals, athlete entertainment and sport competitions.

Please note that the registration deadline for BMX is June 17, 2023.

EVENTS

Day 1 - Time Trial
Day 2 - BMX Racing
Day 3 - BMX Racing

UCI Regulations will govern the event.

During the Alberta games, a BMX race will be held, which follows the standard race format (Riders in each age group race four (4) times. Female: 12, 13, 14 and 15 and Male: 12, 13, 14 and 15

1st place - 100 points	5th place - 50 points
2nd place - 80 points	6th place - 40 points
3rd place - 70 points	7th place - 30 points
4th place - 60 points	8th place - 20 points

Points from the previous day will be posted for inspection at least one (1) hour prior to the start of competition each day.

Points accumulate throughout the three (3) days of competition. Following the competition on the final day, the athletes will be ranked according to the total points accumulated over the three (3) days, in order of the most points accumulated to the least. Ties on points are resolved by the better overall performance on the final day of racing. If there is a tie on points for the final day of racing, the results of the second and then the first day of competition will be examined in that order until the tie is resolved.

PROTEST PROCEDURES

Protests must be in written format accompanied by a $20 payment to the Chief Commissaries at race completion. Payment will be refunded if protest upheld.

EQUIPMENT SPECIFICATIONS

Equipment must meet all specifications as outlined in the UCI BMX regulations for 20" BMX bike races.

ENTRY AND ZONE PLAYOFF PROCEDURES

A one (1) day BMX event will be held in each Zone to determine the athletes for the Zone team. Tracks and clubs may hold pre-qualifiers with eliminations prior to the final qualifier.

Athletes can only attend one Zone qualifier. (Racers without a track in their Zone, race out of their home track).

Qualifier races must be hosted prior to June 13, 2023.

To determine the date and location of the Zone playoffs/selection please visit www.albertabicycle.ab.ca/ab-summer-games or www.albertasummergames.ca

PROVINCIAL SPORT COORDINATOR

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ZONE SPORT REPRESENTATIVE

Each of the eight (8) Zones has a designated Cycling Alberta - Zone representative. The list of BMX Zone Sport Representatives is shown below:

ZONE	NAME	CONTACT
ZONE 1	Daren Williams	Email: info@lethbridgebmx.com
ZONE 2	Heather Lothian	Email: heather@albertabicyle.ca
ZONE 3	Christ Poirier	Email: trackoperator@calgarybmx.com
ZONE 4	Richar Boerger	Email: richard.boerger@gmail.com
ZONE 5	Tyla Thomsen	Email: tylathomsen1@gmail.com
ZONE 6	Heather Lothian	Email: heather@albertabicyle.ca
ZONE 7	Heather Lothian	Email: heather@albertabicyle.ca
ZONE 8	Heather Lothian	Email: heather@albertabicyle.ca