

# LACROSSE (BOX)

## AGE GROUP(S)

14U: Athletes born in 2009 or 2010

\*All ages as of December 31, 2023



## ZONE TEAM COMPOSITION

The maximum team size shall be:

18 Athletes (16 runners and 2 goalies) per Zone

5 coaches or chaperones per Zone

(open to females and males)

(open to females and males)

## FILL POLICY

If a player is unable to attend the Alberta Summer Games, the next highest graded player in that Zone will be selected to attend.

If a Zone does not enter a team in the Alberta Summer Games, the Zone closest to the Host Zone will have the first opportunity to create a fill team. Zones required to fill players from another Zone will fill from the geographically closest Zone.

Fills must be submitted for approval to the Multisport Games unit by **June 20, 2023**.

## ELIGIBILITY

### *Athletes*

- All players must be duly registered with the Alberta Lacrosse Association registrar as a player of 14U age with a Box Lacrosse Club, and listed on a team official registration form for the current year in the participating Alberta Games Zone.
- To be eligible, the player must have played a minimum of four (4) sanctioned games.
- Athletes compete for the Zone in which they reside.

For Alberta Games Eligibility Policy information please visit [www.albertasummernames.ca](http://www.albertasummernames.ca)

### *Coaches*

- **NCCP Certification**—The Head Coach for each Zone team must be National Coaching Certification Program Certified, as per Lacross Canada Minimum Standards.
- All coached applying must follow the [ALA screening policy](#).
- All coaches, chaperones and trainers must be at least eighteen (18) years old by the start of the Alberta Games.

## AFFILIATION

All athletes trying out for the Alberta Summer Games zone teams must be registered with a club and be a member of the Alberta Lacrosse Association (ALA). Athletes or parents should contact the ALA office via email at [info@albertalacrosse.com](mailto:info@albertalacrosse.com) for additional information. The deadline for affiliation is **May 15, 2023**

## ALBERTA GAMES – ATHLETE REGISTRATION FEE AND DEADLINE

All Zone team athletes, who qualify to compete at the 2023 Alberta Summer Games, are required to pay an individual registration fee of **\$125.00** payable to the Alberta Lacrosse Association (\$80 to Alberta Games; \$45 to the Alberta Lacrosse Association). This fee will go towards offsetting the costs related to transportation, accommodation, meals, Zone

identification, medals, athlete entertainment, coaching, team uniforms and sport competitions. This fee must accompany the athlete's registration form for the Alberta Games.

Please note that the registration deadline for Lacrosse is **June 18, 2023**.

### **EVENTS**

- Eight (8) Team Tournament
- Two Pools of four (4) teams. Round Robin within each pool.
- Teams will be ranked 1st- 4th in each pool. Teams will cross-over and play for final standings. 1st in Pool A vs 1st in Pool B, 2nd in Pool A vs 2nd in Pool B, 3rd in Pool A vs 3rd in Pool B, 4th in Pool A vs 4th in Pool B.
- In the event of a tie in the standings, the tiebreaking process will follow the Regulations for the Alberta Minor Box Provincial Championships.

### **PROTEST PROCEDURES**

Protest procedures will be governed by Alberta Lacrosse Regulations. For more information check out [www.albertalacrosse.com](http://www.albertalacrosse.com) under the 'Administration' tab.

### **EQUIPMENT SPECIFICATIONS**

Equipment must meet the specifications of the ALA regulations and Lacrosse Canada rule book and the LC Operations Manual.

### **ENTRY AND ZONE PLAYOFF PROCEDURES**

Zone team representation will be completed by selecting individual players from each Zone.

Potential participants will be rated by grading basic Lacrosse skills such as cradling, passing, catching, loose ball work and physical endurance. In addition, potential players will be rated for their knowledge of the game and sportsmanship for bonus points. Thus, every participant will have a score rating their Lacrosse skills up to 25 and then receive additional bonus points up to 10 for knowledge and sportsmanship. The participant with the highest ratings will comprise the Zone representation.

Goalies will be evaluated on ball stopping, positioning, awareness of attack, passing, and communication.

The evaluation process will rank left and right handed players separately to ensure that there will be a balance of left and right handed players on the team. These ratings will be done by independent evaluators such as senior and junior players registered with the ALA.

All players will be evaluated on their performance at the Alberta Summer Games tryout camp(s). Players who do not actively participate in Alberta Summer Games tryout camp(s) will not be considered for the Zone team.

Consult the Provincial Sport Coordinator to determine the date and location of Zone play-offs. To determine the date and location of the Zone playoffs/selection please visit [www.albertalacrosse.com](http://www.albertalacrosse.com) or [www.albertasummernames.ca](http://www.albertasummernames.ca)

**PROVINCIAL SPORT COORDINATOR**

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**ZONE SPORT REPRESENTATIVE**

Each of the eight (8) Zones has a designated Alberta Lacrosse - Zone representative. The list of Lacrosse Zone Sport Representatives is shown below:

ZONE	NAME	CONTACT
ZONE 1	Sean Yeaman	Email: <a href="mailto:sean@southernalbertalacrosse.com">sean@southernalbertalacrosse.com</a>
ZONE 2	Wade Bowley	Email: <a href="mailto:president@calgarylacrosse.com">president@calgarylacrosse.com</a>
ZONE 3	Wade Bowley	Email: <a href="mailto:president@calgarylacrosse.com">president@calgarylacrosse.com</a>
ZONE 4	Kim Smyth	Email: <a href="mailto:axle99@telus.net">axle99@telus.net</a>
ZONE 5	Anne-Lise Hobay	Email: <a href="mailto:gelcadm@telus.net">gelcadm@telus.net</a>
ZONE 6	Anne-Lise Hobay	Email: <a href="mailto:gelcadm@telus.net">gelcadm@telus.net</a>
ZONE 7	Mike Groves	Email: <a href="mailto:mike@caveinspection.com">mike@caveinspection.com</a>
ZONE 8	Ron Regnier	Email: <a href="mailto:ron.regnier.344@thetire.ca">ron.regnier.344@thetire.ca</a>

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