# Coaching Requirements in Relation to Standards of Competition

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CONFERENCE





# THE COMPETITION COACH CERTIFICATION LANDSCAPE?



### WORKSHOP OBJECTIVES

- 1. Understand the role of the certified coach in meaningful competition
- 2. Understand and apply NCCP certification alignment with competition level.
- 3. Understand the positive impact of coaching requirements and certification on field of play.
- 4. Examine case studies of sports who successfully aligned coach certification with level of competition

The workshop will explore the power of NCCP coaching qualification minimum standards in competition on the field of play. This session will focus on describing the value and impact of coach certification on quality sport delivery. Learn about aligning NCCP certification with the level of competition and LTAD, as well as standards of competition when it comes to legislation. Hear about successful practices of sports who have aligned coach requirements with the level of competition , the positive impact of coaching requirements on the field of play, as well as explore what the potential impact is if requirements are not established nor met.



### Agenda

- 1) Meaningful Competition and role of the coach
- 2) Alignment of Long Term Athlete Development and the NCCP
- Discussion / Activity # 1 Aligning coach certification to competition in your sport
- 4) Positive impact of coach certification on field of play
- 5) Sport Case Studies
- 6) Discussion / Activity # 2: Opportunities and Barriers of aligning coach certification with competition.







## WHAT IS MEANINGFUL COMPETITION?

- Meaningful Competition provides experiences that support learning for competitors.
- Meaningful competitions are structured to reinforce the development of LTAD stage specific skills and abilities.
  - The appropriate level of competition is critical to technical, tactical and mental development at all stages. (LTAD 2.0)
- Meaningful competitions lead to results that are relatively close and not predictable.

Sport for Life, 2016



### THE COACH'S ROLE IN MEANINGFUL COMPETITION?

- 1) Assures and fosters developmentally appropriate programming on field of play.
- 2) Use competition for appropriate development and learning opportunities.
- 3) Developmentally Appropriate:
  - a. Planning
  - b. Preparation
  - c. Goal setting
  - d. Performance analysis
  - e. Technical and tactical development
  - f. Physical development
- 4) Athlete Safety
- 5) Other?



#### Agenda

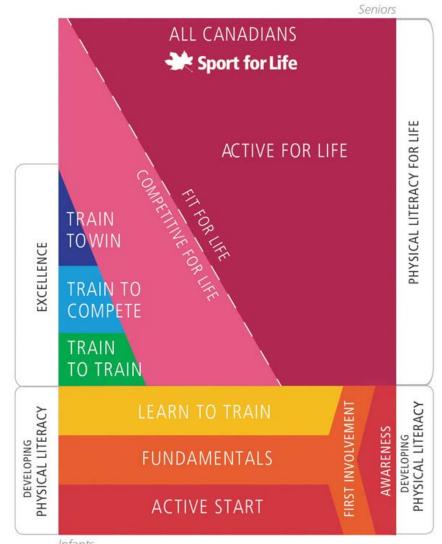
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### **CANADIAN SPORT FOR LIFE MODEL**



Infants



# **STAGES OF LONG TERM ATHLETE DEVELOPMENT**

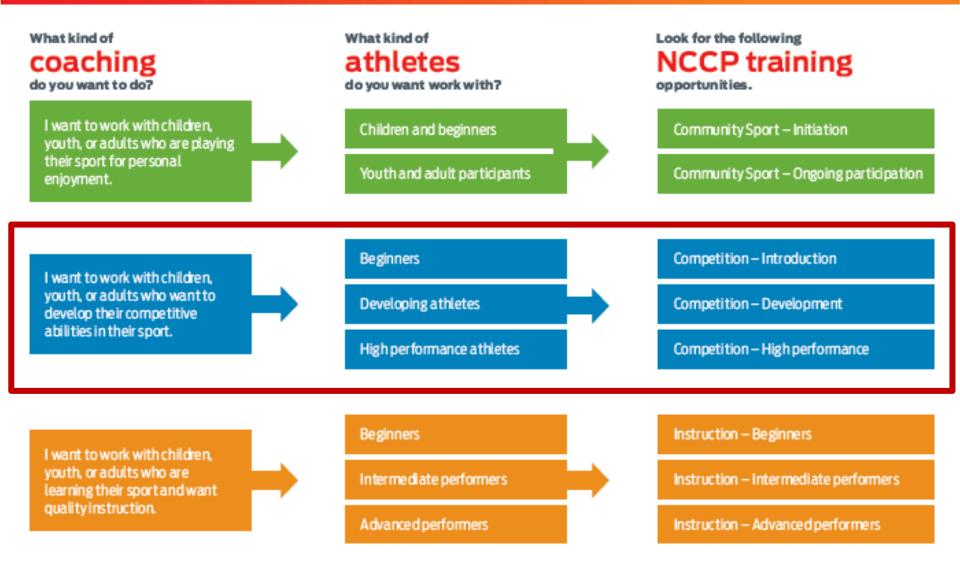








# ALIGNMENT OF NCCP TO ATHLETE DEVELOPMENT STAGE





**Competition High** 

Performance

### **NCCP** ALIGNED WITH LONG TERM ATHLETE DEVELOPMENT

Competent coaching, developmentally appropriate programming for every participant or athlete stage

Competition Introduction

**Competition Development** 

Active Start Males and Females 0-6 FUNdamentals Males6-9 Females 6-8 Learn to Train Males 9-12 Females 8-12 Train to Train Males 12-16 Females 11-15 Train to Compete Males 16-23+/-Females 15-21+/- Train to Win Males 19+/-Females 18+/- Active for Life Enter at Any Age



### **DISCUSSION / ACTIVITY # 1: NCCP ALIGNMENT WITH COMPETITION**

- 1. Why is NCCP coaching certification alignment with competition level important?
- 2. Using your sport as an example:
  - Align competition with athlete development level: (eg: U10 L2T)
    - Club / regional level
    - Provincial Championships
    - National Championships
  - Align your sport level of NCCP coach certification with the level of competition:
    - Club / regional level
    - Provincial Championships
    - National Championships



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# **TRAINED AND CERTIFIED**

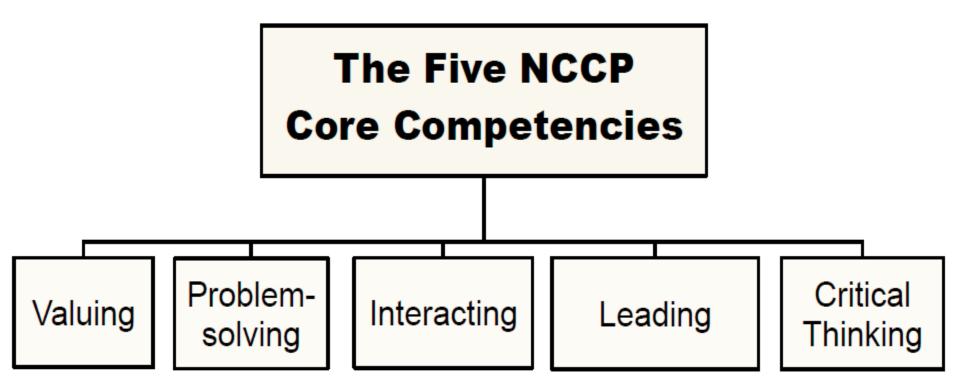








### **NCCP 5 CORE COMPETENCIES AND COACH COMPETENCY**





#### POSITIVE IMPACT OF COACHING REQUIREMENTS ON FIELD OF PLAY

Coach certification requirements for the field of play is not (and should not be) a "means to an end" nor formality.

#### Discussion:

- 1. What are the *opportunities and positive impact* of having coaching certification requirements for coaches on the field of play?
- 2. What is the potential impact if requirements are not established nor met?



#### POSITIVE IMPACT OF NCCP COACHING REQUIREMENTS ON FIELD OF PLAY

- Coaching expertise and competency at every stage of athlete development.
- Recognition of the value placed on certified coaches for the sport system at *every* level of competition and athlete development.
- Developmentally appropriate programming leading into the competition.
- Use of competition towards athlete development.
- Safety on the field of play.
- Every athlete deserves a certified, competent coach at every development stage, for a quality sport experience.



## **NATIONAL SPORT ORGANIZATION CASE STUDIES**

- Canoe Kayak Canada
- Ringette Canada







#### **CKC: THE ROAD TO COACH CERTIFICATION AT NATIONAL CHAMPIONSHIPS**

- 1. War Canoe NCCP certification cox requirements
- 2. Road to rule change legislation of NCCP certification race course





www.canoekayak.ca



Coach

Certification at

National and

Provincial

**Championships** 

#### **CKC: THE ROAD TO COACH CERTIFICATION AT NATIONAL CHAMPIONSHIPS**

Recognition and realization of value of certified coach on regatta "Field of Play"

Members reluctance to tie coach certification to regatta site.

CKC Code of Safety



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# **RINGETTE CANADA**

|   |          |                                  | 20        | RINGETTE<br>CANADA<br>16 – 2017 Coor | RINGUI<br>CANAD  | err <u>TE</u><br>ants Chart         |                               |           |   |
|---|----------|----------------------------------|-----------|--------------------------------------|--|-------------------------------------|-------------------------------|-----------|---|
| Division                                | Level    | Qualified Female on<br>the Bench |           | Position                             | Make Ethical<br>Decisions (MED)  | Community Sport<br>Initiation (CSI) | Competition Introduction (CI) |           | Competition<br>Development<br>(CD)<br>(Level 3 Certified) |
|   |          | Trained                          | Certified |                                      | Certified  | Trained                             | Trained                       | Certified | Certified   |
| U9<br>U10                               | -        | ~                                |           | All Coaches                          | ~  | ✓                                   |                               |           |   |
| U12<br>U14                              | C & U12B | ~                                |           | All Coaches                          | ✓  | ✓                                   |                               |           |   |
|   | A        | ~                                |           | Head Coach                           | √  |                                     | ~                             |           |   |
|   |          |                                  |           | Assistant Coaches                    | $\checkmark$   |                                     | ✓                             |           |   |
|   |          |                                  |           | CIT                                  | ~  |                                     | ~                             |           |   |
| U14                                     | В        | ~                                |           | All Coaches                          | ✓  |                                     | ✓                             |           |   |
|   | AA       | ~                                |           | Head Coach                           | ✓  |                                     |                               | ✓         |   |
|   |          |                                  |           | Assistant Coaches                    | ✓  |                                     | ✓                             |           |   |
|   |          |                                  |           | CIT                                  | √  |                                     | ✓                             |           |   |
| U16<br>U19                              | С        | ~                                |           | All Coaches                          | ✓  | ✓                                   |                               |           |   |
|   | В        | ✓                                |           | All Coaches                          | 1  |                                     | ✓                             |           |   |
|   | A        |                                  | ~         | All Coaches                          | ✓  |                                     |                               | ✓         |   |
|   |          |                                  |           | CIT                                  | ×  |                                     | √                             |           |   |
|   | AA       |                                  | ✓         | All Coaches                          | √  |                                     |                               | ✓         |   |
| Open                                    | C, B, A  |                                  |           | All Coaches                          | There are no coaching requirements for Open division coaches. Coach requirements will be<br>set by the Province. |                                     |                               |           |   |
| U19 Canada East / West<br>National Team | AAA      |                                  | ~         | All Coaches                          | ~  |                                     |                               |           | ✓   |
| U20 Canada Winter Games                 | AAA      |                                  | ✓         | All Coaches                          | √  |                                     |                               |           | √   |
| NRL                                     | AA       |                                  |           | All Coaches                          | √  |                                     |                               | ✓         |   |
| 30+ (Masters)                           | All      |                                  |           | All Coaches                          | √  |                                     |                               |           |   |



### **DISCUSSION ACTIVITY # 3:**

- 1. What challenges or barriers does your sport face with coaching certification standards and field of play? (Legislation or implementation)
- 2. What are some solutions? What can you do?
- 3. What are your next steps?

Discuss at your table.

# Thank You Questions?

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